











# York Sample List of Cartridge Load Settings

Switch to Right  ON

Switch to Left  OFF

Cartridge	Manufacturer Specified Load Setting	York Recommended LOAD SETTING Left and Right Channels
Nagaoka MP-110 MM	Cap: Not Specified Impedance: 47K $\Omega$	100pF 47K $\Omega$ 
Denon DL-103 MC	Cap: Not Required Impedance: Not Specified	0pF 1K $\Omega$ 
Hana SL MC	Cap: Not Required Impedance: 400 $\Omega$	0pF 470 $\Omega$ 
Nagaoka MP-300 MM	Cap: Not Specified Impedance: 47K $\Omega$	150pF 47K $\Omega$ 
Ortofon 2M Black MM	Cap: 150-300pF Impedance: 47K $\Omega$	250pF 47K $\Omega$ 
Audio Technica 150ANV MM	Cap: Not Specified Impedance: 47K $\Omega$	150pF 47K $\Omega$ 
Goldring 1012GX MM	Cap: 150-200pF Impedance: 47K $\Omega$	150pF 47K $\Omega$ 
Goldring 2100 MI	Cap: 100-200pF Impedance: 47K $\Omega$	100pF 47K $\Omega$ 
Rega Exact2 MM	Cap: 100pF Impedance: 47K $\Omega$	100pF 47K $\Omega$ 
Dynavector 20X2-H High Output MC	Cap: Not Required Impedance: 1K $\Omega$	0pF 1K $\Omega$ 
Denon 103R MC	Cap: Not required Impedance: 100 $\Omega$	0pF 100 $\Omega$ 